



DREAMNUTRIC™

WELCOME

A warm introduction to your coaching journey and what clients can expect from working together.

WELCOME

Dear Journeyer!

Welcome to a journey centered on growth, clarity, and meaningful change. We are honored to walk alongside you as you step into a deeper understanding of yourself and the life you are creating.

As your Coaches, our roles are to support you in strengthening clarity, confidence, and direction. Together, we will explore the areas of your life where you are seeking growth and create a personalized path that reflects your values, goals, and real-life circumstances.

I am not here to tell you who to be or what to do. Instead, we serve as guides and partners, helping you uncover your strengths, clarify what matters most, and take purposeful steps forward. This is your journey. Our commitment is to offer steady support, thoughtful guidance, and a safe space for reflection and progress.

To help us begin with focus and intention, please complete the following steps before our first session

- **Complete the Client Intake Form:** Your responses will provide valuable insights into your current situation and aspirations.
- **Fill Out the Client Questionnaires:** These will help us pinpoint specific areas to focus on and assess your starting point.

Thank you for trusting DreamNutric as your coaching partner. We are honored to support you on a journey of self-discovery, growth, and meaningful change. Together, we will work toward a life guided by purpose, clarity, and lasting fulfillment.

With appreciation,

David McNulty
Your DreamNutric Life Coach



**Growth begins just beyond
what feels familiar.**

Together, we will explore new
perspectives, embrace
meaningful change, and support
you in creating a life aligned
with your purpose and potential.

